Monthly News & Updates!

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May 2026

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A Note from CEO / Director – Dr. Tara Pir

May: Mental Health Awareness Month!

The motivation to recognize the significance of mental health is deeply rooted in the historical frustration about stigma and inhumane approaches toward mental illness. Despite transitional advancement in the context of our ever-changing world, stigma continues to impact individuals and communities.

Those who, either intentionally or not, have chosen the most humanistic & honorable profession of health & mental health, have been driven by the promotion of social justice. Accordingly, mental health practitioners are not only equipped with effective interventions, but also simultaneously consider the promotion of mental health/ raising awareness as a necessary prevention and early intervention to be responsive to the needs of our communities.

At IMCES, one of our outstanding humanistic, value-driven approaches is the fact that we consider both individuals and the community in parallel and equally as our clients!

Let's be inspired by our justice-seeking internal motivation and creatively raise mental health awareness in our community!

EPI-CAL Community Outreach!

Our EPI-Cal team has been actively outreaching throughout the LA Community this month, attending over 10 events to promote our Early Psychosis Intervention program!
These meaningful linkages help promote youth wellbeing and prevention of mental health challenges.



Team Members Pictured: Jackie Gil, Jose Sanchez, Dr. Jazayeri, Dr. Pineda, Dr. Omrani, Blanca Chaniago

Staff Recognition: May!

IMCES practices the culture of recognition & appreciation. Each month, staff members born in that month will be acknowledged & appreciated! The celebration includes a certificate, a beautiful box with acknowledgement cards from team members, flowers, cakes, & fun activities!



Honorees of this month:

- Dr. Beatrice Martinez, JD
- Dr. Rannan Eskandari, PsyD
- Aaron Casas, AMFT
- Kathy Alvarado, Parent Partner
- Rosa Diaz, PMHNP

Recognizing Outstanding Performance

The following team members reached & exceeded 100% of their productivity requirements in the month of May!

- Aditi Gera, Clinician
- Brian Robins, Clinician
- Roberto Celis, Clinician
- Sachiko Tawa, Clinician
- Seren Tuncay, Clinician
- Dr. Sarah Seeman, Clinician
- Soorena Sardarzadeh, Clinician
- Dr. Rannan Eskandari, Clinician
- Yorland Tellez, CM
- Lubia Para, CM
- Gilmore Villegas, CM
- Jose Sanchez, CM
- Jacqueline Valdez, CM
- Atenea Mena, CM
- Dr. Tara Omrani, RS
- Rosa Diaz, NP



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